

R E S O L U T I O N

1 WHEREAS, Across the nation, November 2020 is being observed  
2 as American Diabetes Month; and

3 WHEREAS, More than 30.3 million Americans are affected with  
4 diabetes, and the disease is the nation's seventh-leading cause of  
5 death; in type 1 diabetes, the body fails to produce sufficient  
6 insulin, while in the vastly more common type 2 diabetes, the body  
7 cannot use insulin properly; if not controlled, both forms of the  
8 illness can cause spikes in blood sugar that can eventually damage  
9 nerves and blood vessels, resulting in a higher risk of heart  
10 disease and stroke, as well as blindness, kidney disease, and other  
11 health problems; and

12 WHEREAS, While there is currently no cure for diabetes, by  
13 addressing risk factors, patients can avoid or delay the  
14 development of type 2 diabetes and the additional health  
15 complications associated with the disease; important measures  
16 include exercise, good nutrition, smoking cessation, blood  
17 pressure control, lowering cholesterol, and management of blood  
18 sugar and stress; and

19 WHEREAS, Medical professionals across the country are  
20 working to improve health outcomes and save lives by helping  
21 Americans gain greater understanding of diabetes, and the monthlong  
22 awareness campaign in November serves as a valuable means of  
23 educating the public about this critical disease; now, therefore,  
24 be it

H.R. No. 2145

1           RESOLVED, That the House of Representatives of the 86th Texas  
2   Legislature hereby recognize November 2020 as American Diabetes  
3   Month and encourage all Texans to learn more about the ways to  
4   reduce their risk factors.

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H.R. No. 2145

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Speaker of the House

I certify that H.R. No. 2145 was adopted by the House on May 27, 2019, by a non-record vote.

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Chief Clerk of the House